

*Bob Thomas, Superintendent*



Dear Parents/Guardian:

Coordinated School Health and Knox County Schools Vision, Hearing and will be conducting school-wide screenings to include Body Mass Index (BMI), blood pressure, vision and hearing. BMI screenings will be completed in grades K, 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup> and 9<sup>th</sup>. Vision screenings will be completed in grades K, 2<sup>nd</sup> and 4<sup>th</sup>. Hearing screenings will be completed in grades K, 2<sup>nd</sup>, 4<sup>th</sup> and preschool.

BMI is a screening tool that uses age, height and weight to identify individual who may be at risk for developing health issues. All screenings and results are confidential.

Three weeks after your child's screening, parents and/or guardians may contact the Coordinated School Health Office at (865) 594-1883 for BMI results. Hearing and vision screening results will be sent home with your child and/or may include a follow-up from your school nurse.

Thank you for your cooperation. This screening program is vital for developing local programs for our schools and community to promote wellness.

If you **AGREE** to these screenings, **DO NOT** return this form. If you **DO NOT AGREE** to these screenings, **complete the form below** and return it to your child's classroom teacher prior to the scheduled screening.

### SCREENING REFUSAL FORM

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Student Name: \_\_\_\_\_ Teacher: \_\_\_\_\_

(Please Print)

(Please Print)

I **DO NOT** want my child to participate in:  BMI Screening  Hearing Screening  Vision Screening

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_